

Newsletter – Volume 4 May 10, 2025 www.okotoksstingrays.com



That's a Wrap on the 1st Week Back!

It has been wonderful seeing swimmers working so hard and having fun with their teammates in the pool. We are only three weeks away from the Mock Meet on May 30, and a month from the Didsbury Aquajets Swim Meet on June 7. Be sure to RSVP to both events through the website or SE Motion App.

Upcoming Important Dates:

May 17: Last Day to order Stingrays Swag. Link is on the website main page.

May 19-21: Casino days! There are still

2 spots to fill to fulfil our Casino, deadline to commit is May 17.

May 23: Deadline to RSVP to the Stingrays Mock Meet on May 30.

May 24: Annual Bottle Drive & BBQ. RSVP and signup to be a driver TODAY on the website or use the SE motion app. Team members will meet at the Okotoks Bottle Depot at 9am wearing Stingrays team t-shirts and/or gear. There is a BBQ for volunteers afterward. Deadline to commit is May 20.

May 28: Deadline to RSVP to the Didsbury Aquajets Swim Meet on June 7: June 1: Online Parent Info Night— What to Expect at a Swim Meet @ 6:30pm. A video link will be sent out in advance.

Dry Land Warm-up times

All Stingrays are asked to arrive to practices 15 minutes early to incorporate dryland warm-up exercises and stretches before getting into the water. With some of our earlier start times, we understand this will not always be possible, but we know you'll do your best.

Using the TeamLinkt App

Coaches would like swimmers to mark themselves as **Going** or **Not Going** to scheduled practices.

In TeamLinkt, tap "Details" above the practice date to RSVP. Or the ? icon and select **X** or ✓

Sponsorship Opportunities

Do you know any local businesses that would be interested in supporting our club? We have a range of sponsorship opportunities that will bring visibility to their business! For example, during our home meet on June 14, more than 300 swimmers will be participating in the meet and that doesn't include parents and siblings! Reach out to: webmaster@okotoksstingrays.com